

MISSION

The mission of the Alcohol & Drug Education Center (ADE) is to enhance students' overall academic experiences and personal development through the promotion of responsible decision making and healthy lifestyle choices, especially regarding alcohol and other drugs.

PREVENTION PROGRAMS

ADE staff provide educational presentations and programs for groups in the TCU community. These programs can be provided for groups such as student organizations, residence halls, athletes, and Greek students. Presentations can also be provided for academic classrooms. Examples of program titles include: Alcohol & Women, Marijuana Use/Abuse, Smart? Drugs, Energy Drinks, and Staying Healthy in College. Most programs are individually designed to meet the specific needs of the group/organization requesting the presentation.

SOCIAL NORMS MARKETING CAMPAIGN

Our social norms campaign provides TCU students with factual information about campus alcohol use and aims to reduce alcohol consumption. This is done by marketing the areas where students are making wise choices regarding alcohol use, thus, debunking the myth that "every-body's doing it." This campaign is one way ADE takes an environmental approach to prevention. Our most recent social norms campaign is in collaboration with Tarrant County Challenge, Inc.

INDIVIDUAL ALCOHOL AND DRUG ASSESSMENTS

Licensed Professional Counselors and Licensed Professional Counselor-Interns oversee and conduct individual alcohol and drug assessments with students who are referred to ADE. These assessments are confidential and provide students with feedback and resources regarding their substance use and current situation. Students receiving TCU alcohol and/or drug policy violations are required to complete an assessment. Students needing on-going counseling, additional resources, and/or crisis care will be referred to the TCU Counseling Center or Campus Life office as appropriate.

ALCOHOL EDUCATION GROUPS

Alcohol Education Groups are usually conducted one time per week during the fall and spring semesters. These two-hour groups provide students with information about responsible decision making, reducing risk, state and local laws, TCU statistics, and signs of alcohol poisoning. Groups are attended by students who have received an alcohol policy violation and by some students who have received an off-campus ticket for a legal sanction. This group does not always meet the requirement for off-campus tickets. Contact ADE for more information.

TREATMENT AND RECOVERY

When it has been determined that students are experiencing alcohol and/or other drug dependence, they will be referred to an in- or out-patient treatment facility. ADE professional staff are available to help facilitate this transition and answer questions regarding this process. Students returning to TCU after attending a treatment program are encouraged to contact ADE for information about AA and other recovery and support programs. Opportunities exist for students in recovery to mentor and support one another.

EVALUATION AND ASSESSMENT

ADE conducts ongoing program evaluations and seeks to provide the most comprehensive and effective services for the TCU community. The Core Alcohol and Drug Survey is distributed to students every three years and used to assess the trends and needs of students. Individual alcohol and drug assessment and Education Group evaluations are also used to guide our programs and services.

HYPERFROGS

ADE encourages students to develop a sense of responsibility for themselves, for others, and for the university by providing leadership in setting behavioral norms for the campus community. ADE advises the student group HyperFrogs, a campus spirit organization. This group is committed to increasing Horned Frog spirit through the support of varsity athletics, exemplifying good sportsmanship, and positively representing TCU.

FROGS CARE

Frogs CARE (Frogs Committed to Advocacy, Responsibility, and Education) brings together concerned students committed to making a positive difference in the university environment. This group of students provide peer education to other students and the surrounding community.

CAMPUS WIDE EVENTS

Each year, ADE sponsors programs and events for the entire campus. Nationally recognized speakers, alcohol-free programs, and Alcohol-Free Weekend are a few examples of programs that target the entire campus.

ALCOHOL VIOLATION PROCESS

Students who receive an alcohol violation on-campus are required to complete an individual alcohol assessment in ADE. These students should contact ADE to make an appointment with a counselor as soon as possible. During this meeting, the student will sign-up to attend an Alcohol Education Group. Students receiving one alcohol violation have the option of completing 30 hours of community service or paying \$150 fine. Students preferring the community service option must contact the TCU Community Involvement & Service Learning office (817) 257-5557 within five business days of their violation. Students receiving multiple violations will receive additional sanctions and education. Parents are also notified when students receive more than one violation in an academic year. Consult the TCU Student Handbook or TCU website for more information.

TRAININGS

ADE staff provide training for faculty, staff, and students. Resident Assistants, Frog Camp Facilitators, Orientation Student Assistants, and Chapter Resident Assistants are a few of the student leadership groups that participate in trainings.

AWARENESS CAMPAIGNS

ADE promotes several national awareness campaigns. Examples are: National Collegiate Alcohol Awareness Week/Red Ribbon Week, Great American Smoke Out, Sexual Responsibility Week, Safe Spring Break, and National Alcohol Screening Day.